



PSHE/RSHE Lesson Coverage: Year 2



Autumn 1 Being Me in My World	Autumn 2 Celebrating Difference	Spring 1 Dreams and Goals	Spring 2 Healthy Me	Summer 1 Relationships	Summer 2 Changing Me
<p><u>Lesson 1</u>- LO: To identify some of my hopes and fears for this year.</p> <p><u>Lesson 2</u>- LO: To understand the rights and responsibilities of being a member of my class and school. LO: To know my class rules.</p> <p><u>Lesson 3</u>- LO: To know about rewards and consequences.</p> <p><u>Lesson 4</u>- LO: To listen to other people and contribute my own ideas about rewards and consequences.</p>	<p><u>Lesson 1</u>- LO: To understand that sometimes people make assumptions about boys and girls (stereotypes).</p> <p><u>Lesson 2</u>- LO: To understand why bullying happens. LO: To be able to tell you how someone who is bullied feels.</p> <p><u>Lesson 3</u>- LO: To understand that it is OK to be different from other people and to be friends with them.</p> <p><u>Lesson 4</u>- LO: To tell you some ways I am different from my friends. LO: To understand these differences make us all special and unique.</p>	<p><u>Lesson 1</u>- LO: To choose a realistic goal and think about how to achieve it.</p> <p><u>Lesson 2</u>- LO: To know how to achieve my dream and persevere even when I find things difficult.</p> <p><u>Lesson 3</u>- LO: To understand how working with other people can help me to learn.</p> <p><u>Lesson 4</u>- LO: To work cooperatively in a group to create an end product.</p>	<p><u>Lesson 1</u>- LO: To know what I need to keep my body healthy. LO: To be motivated to make healthy lifestyle choices.</p> <p><u>Lesson 2</u>- LO: To know some things that make me feel relaxed and some that make me feel stressed.</p> <p><u>Lesson 3</u>- LO: To understand how medicines work in my body and how important it.</p> <p><u>Lesson 4</u>- LO: To know which foods my body needs to keep me healthy.</p>	<p><u>Lesson 1</u>- LO: To know what family is and understand that everyone's family is different.</p> <p><u>Lesson 2</u>- LO: To know which types of physical contact is acceptable and which isn't.</p> <p><u>Lesson 3</u>- LO: To identify some of the things that cause conflict with my friends and know how to use the positive problem-solving technique to resolve conflicts with my friends.</p> <p><u>Lesson 4</u>- LO: To know how it feels to be asked to keep a secret you do not want to keep and know who to talk to about this. LO: To understand how it feels to trust someone.</p>	<p><u>Lesson 1</u>- LO: To recognise cycles of life in nature. LO: To know how to respect people who are older than me.</p> <p><u>Lesson 2</u>- LO: To know how my body has changed since I was a baby and how it will change when I am an adult.</p> <p><u>Lesson 3</u>- LO: To understand there are different types of touch and tell you which ones I like and don't like.</p> <p><u>Lesson 4</u>- LO: To identify what I am looking forward to when I move to my next class. LO: To think about changes you will make</p>

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