



We would like to invite you to a CAT PAC course, our parent awareness course designed to support parent carers of children with a diagnosis of autism or children who are on the neurodevelopmental pathway for assessment.

- The course has been designed for parents who want to increase their understanding of autism.

The sessions will take place at Rednal Hill Junior School

AUTUMN TERM 2024

Session1 – An introduction to Autism	Tuesday 8 th October 9.30-11.30am
Session 2 – Communication and Interaction	Tuesday 15 th October 9.30-11.30am
Session 3 – Sensory differences	Tuesday 22 nd October 9.30-11.30am
HALF TERM	
Session 4 – Eating, sleeping, personal care	Tuesday 5 th November 9.30-11.30am
Session 5 – Autism and Anxiety	Tuesday 12 th November 9.30-11.30am
Session 6 – Parent/ carer choice & signposting services	Tuesday 19 th November 9.30-11.30am

The subject or title of your email needs to state that it is for the :

Autumn 2024 Primary CAT PAC – Rednal Hill Junior School

In your email please include:

- Your name – Parent carer
Your Child's name
Your Child's school (Add your child's CAT worker if known)
- Due to limited places, the course will be offered to the first families to contact us.
- *There is an expectation that parents try to attend all sessions if possible.*
Please email A2EGeneral@birmingham.gov.uk to reserve a place.

You will receive an email response to confirm your place or to tell you that the course is full.

**Yours sincerely,
Katie Price, Lisa Walmsley and Wendy Bantock.**